

Weight Management Questionnaire:

1. What is your current weight?

2. What are your previous weights with dates?

3. What medications have you already tried for weight loss and how long did you take them? What results did you see with the medication?

4. What diets have you tried and for how long? What were the results?

5. What is your current and previous exercise regimen over the last 6 months?

6. Have you tried any weight loss programs before? If yes, please explain which ones and that dates and durations that you tried the program.